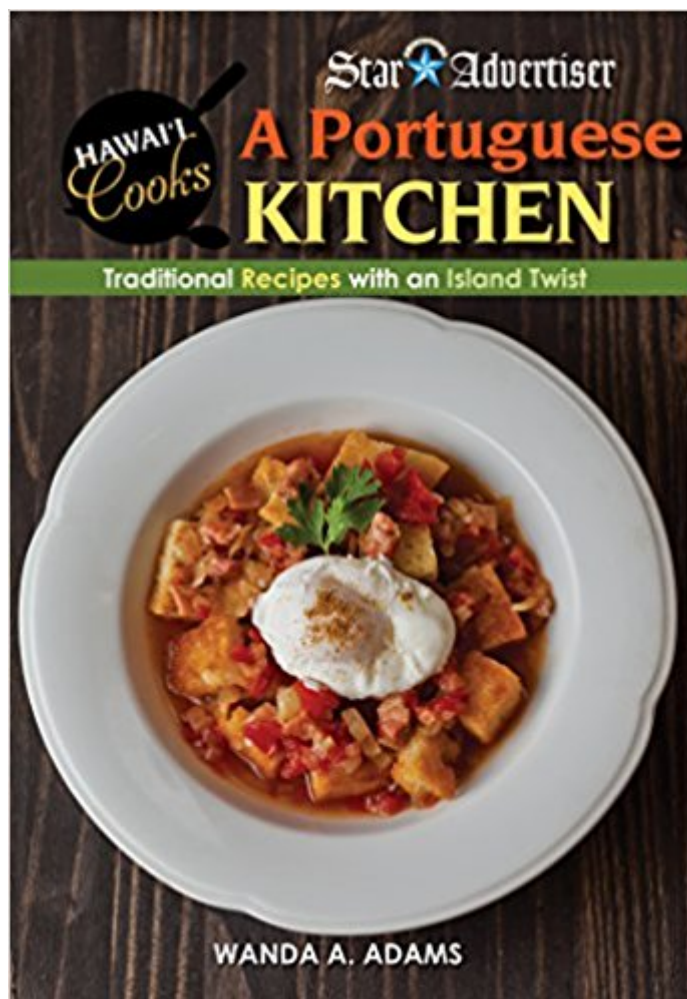


The book was found

# Portuguese Kitchen: Traditional Recipes With An Island Twist



## Synopsis

Portuguese cooking is at its heart very, very simple. This is what makes it difficult. The cuisine relies on the freshest, most carefully selected ingredients. Made with flavorless, mass-produced products, it is comforting, but not edgy. It also requires experience: the use of the nose, the eyes, the hands, the tongue to tell when the stock is deeply flavored, the onions have wilted just enough, the cake or cookies are cooked through and the right texture. Many of these dishes take time because they were the work of stay-at-home women and because time was needed to concentrate flavors and achieve desired textures.

## Book Information

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## Customer Reviews

Wanda Adams brings to life the Local twist with her delightful and true stories of the Portuguese people in Hawaii!!!! She is such a sincere person and her hard work to make this book as enjoyable as it is shines through! The recipes are fantastic and will bring joy and warmth to your home!!!!

Great Portuguese recipes - authentic - we were happy to find this in at the Kaapa, Kauai public library and then found it on [Amazon](#) to purchase

haven't tried any recipes yet...

Another great book from Wanda. It is a cookbook that shares recipes that were developed by Portuguese immigrants as they adapted to the local ingredients of the Hawaiian islands. This book

shared a lot of the customs and background to the recipes. The recipes are straightforward, uncomplicated and concise and easy to follow, with explanations, substitutions and ways to vary the recipe to personal taste. I learned a lot from this book. The spiral comb format makes it easy to lie flat on the counter and glance as you walk through the steps. Highly recommended. A great read with a cup of coffee and some of "Grandma's Coconut turnovers", as you plan which of the many soups, stews, salads, breads and sweets you wish to cook first. My book is covered with little sticky bookmarks. Obrigada Wanda! I got my copy direct from the publisher mutualpublishing.com it was a lot cheaper.

If you love Portuguese food, if you are intrigued by the global movement of Portuguese food, if you just like good do-able recipes, this is a spiral-bound to cherish. I'll 'fess up that I've known Wanda for years. But I'm not a pushover. This is a loving, knowledgeable record of the Portuguese who came to Hawaii from the Azores in the 19th century to work on the plantations. It's to be treasured alike by locals in Hawaii, by Portuguese everywhere, by those who like to be able to turn out good food daily without fuss in their own kitchens, and by food historians.

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